

La patogenesi del dolore oncologico

V CONGRESSO NAZIONALE - G.U.I.D.A. 28 febbraio 2025

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Il sottoscritto Vittorio A. Guardamagna in qualità di docente

ai sensi dell'art. 76 sul Conflitto di Interessi, pag. 34 dell'Accordo Stato del Regione del 2 Febbraio 2017

dichiara

di non aver avuto rapporti di finanziamento con soggetti portatori di interessi commerciali in campo sanitario.

L'ICEBERG DEL DOLORE CRONICO



L'ICEBERG DEL DOLORE CRONICO



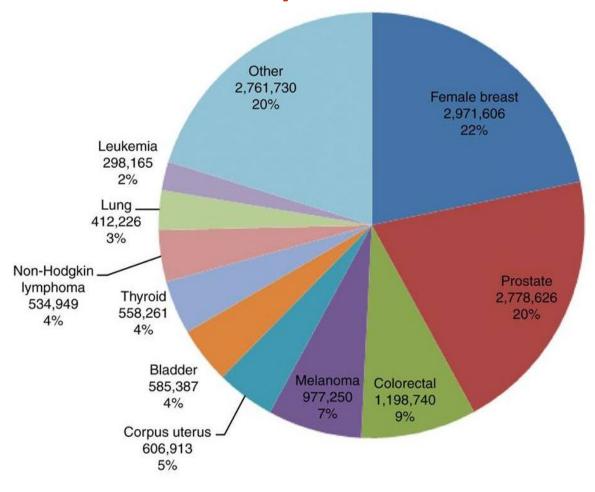
E IL DOLORE ONCOLOGICO E' UNA «PICCOLA PUNTA DELL'ICEBERG»?

Cancer Prevalence

- In 2012, new cancer cases worldwide 14.1 million, 8.2 million deaths, 32.6 million people living with cancer
- By 2030, 21.7 million new cases, 13 million cancer deaths, 52.2 million survivors?



Estimated number of survivors by cancer site



In Italy: AIRTUM register, 2021

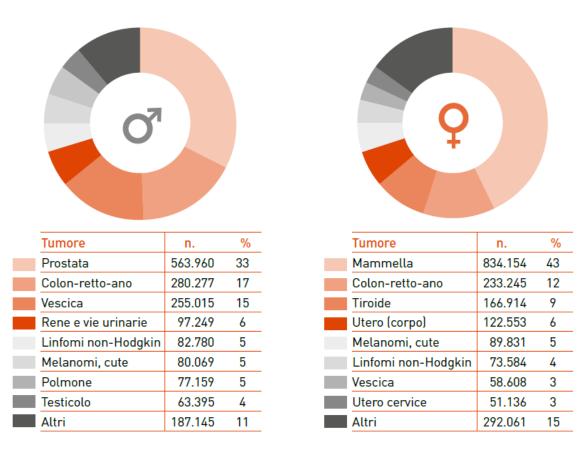


FIGURA 7. Proporzione di persone che vivono dopo una diagnosi di tumore in Italia nel 2020, per i tipi di tumore più frequenti e sesso

How many italians are living with cancer diagnosis nowadays?

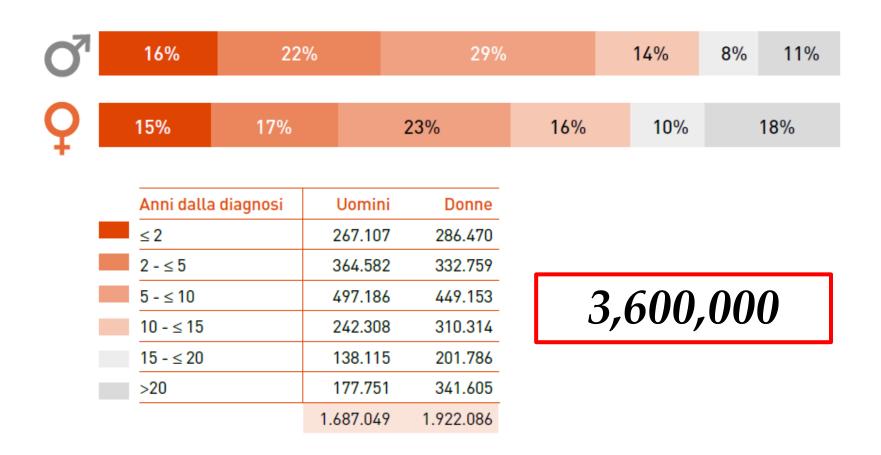


FIGURA 8. Numero e proporzione di persone che vivono dopo una diagnosi di tumore in Italia nel 2020, per tempo dalla diagnosi e sesso

JOURNAL OF CLINICAL ONCOLOGY

ASCO SPECIAL ARTICLE

Management of Chronic Pain in Survivors of Adult Cancers: American Society of Clinical Oncology Clinical Practice Guideline

Judith A. Paice, Russell Portenoy, Christina Lacchetti, Toby Campbell, Andrea Cheville, Marc Citron, Louis S. Constine, Andrea Cooper, Paul Glare, Frank Keefe, Lakshmi Koyyalagunta, Michael Levy, Christine Miaskowski, Shirley Otis-Green, Paul Sloan, and Eduardo Bruera

A renewed interest to pain in cancer survivors

JOURNAL OF CLINICAL ONCOLOGY

REVIEW ARTICLE

Glare PA, J Clin Oncol 2014 Paice JA, J Clin Oncol 2016

Pain in Cancer Survivors

Paul A. Glare , Pamela S. Davies, Esmé Finlay, Amitabh Gulati, Dawn Lemanne, Natalie Moryl, Kevin C. Oeffinger, Judith A. Paice, Michael D. Stubblefield, and Karen L. Syrjala

Pain in survivors

- From short-term to chronic problem
- Define who is responsible for comprehensive pain management program and prescribing
- Maintain a multidisciplinary approach when needed
- Evaluate...
 - → late effect or recurrence/second primary?
 - → change during time (intensity, frequency, charact)

PREVALENCE OF CANCER PAIN

- 55% in patients **on** anticancer treatment
- 39% in patients **after** curative treatment
- 66% in patients with metastatic, advanced, or terminal disease

No changes in prevalence of pain across treatment journey. Moreover, moderate to severe pain (NRS > 4) = 38% of the pts

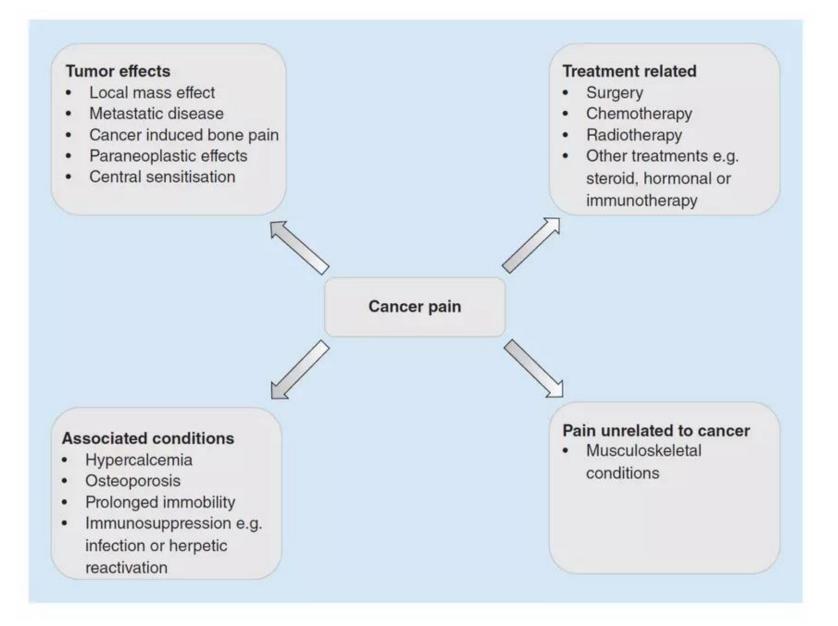


Dolore NEL Cancro

O

Dolore DA Cancro?

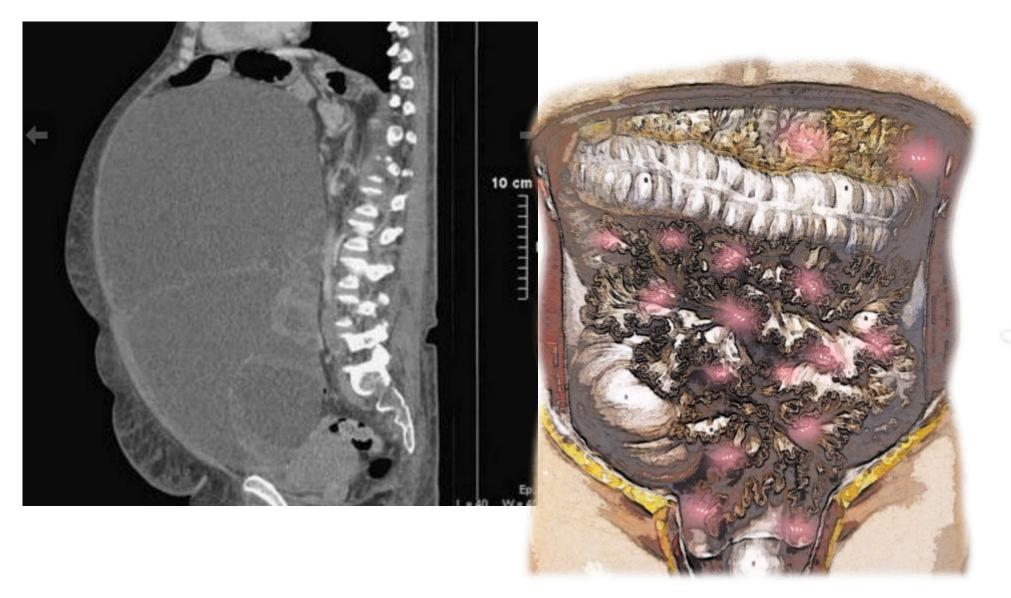
CANCER PAIN

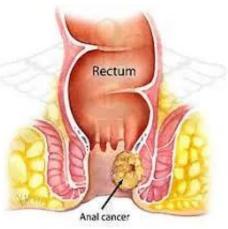


Chronic pain syndromes directly related to cancer

Nociceptive pain syndromes: visceral

Hepatic distention syndrome
Midline retroperitoneal syndrome
Chronic intestinal obstruction
Peritoneal carcinomatosis
Malignant perineal pain
Adrenal pain syndrome
Ureteric obstruction





Chronic pain syndromes directly related to cancer

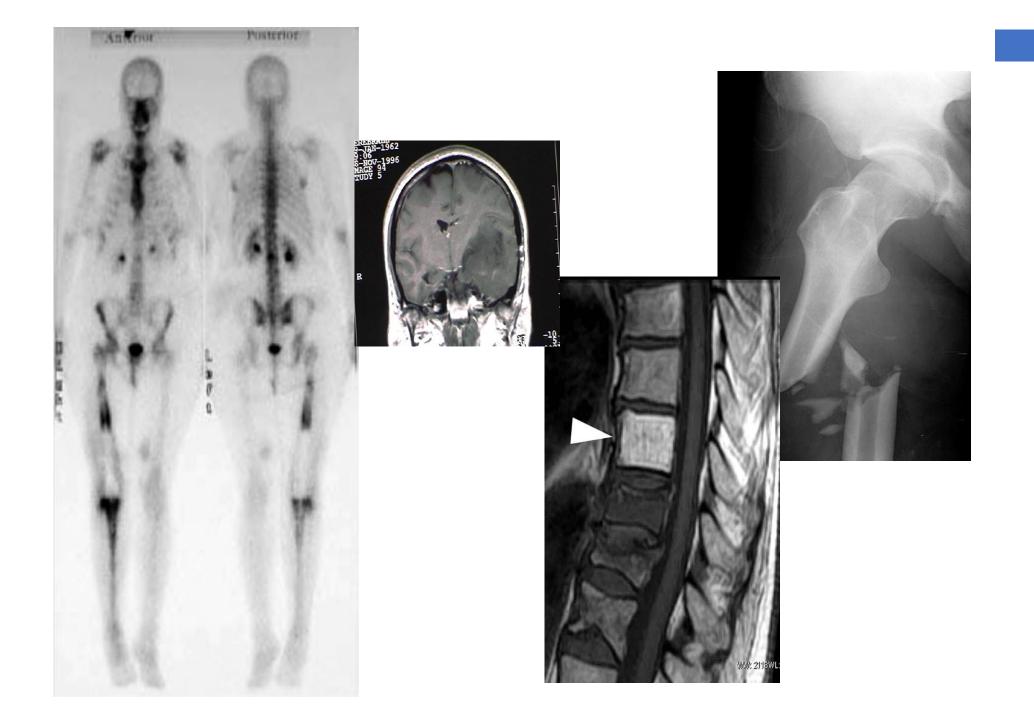
Nociceptive pain syndromes: somatic

Tumor-related bone pain:

- Multifocal bone pain
- Vertebral syndromes
- Pain syndromes related to pelvis and hip
- Base of skull metastases

Tumor-related soft tissue pain

Paraneoplastic pain syndromes



BM are the most common cause of cancer-related pain^{1,2} that can affect patient's QoL

Trattare il bone cancer PAIN: perché ci confonde così tanto?

70 to 85% of prostate or breast cancer patients and 30% to 40% of lung cancer patients present bone met during the course of their illness

Treatment: multiple approaches (RT, surgery, CT, BP, NSAIDS, opioids)³



Bone cancer pain is one of the most dfficult of all chronic pains to fully control. **Why?**

- 1.BM are not limited to a single site
- -Efficacy of analgesics are limited by significant AEs
- -Somatic+neuropathic component²
- 2.SREs are frequent pain-producing complications associated with BM

¹Coleman RE. et al. Clin Cancer Res 2006 ²Mercadante S. Pain 1997 ³Ripamonti C. et al. Ann Oncol 2012

Pain related to bone metastases has a multifactorial etiopathogenesis



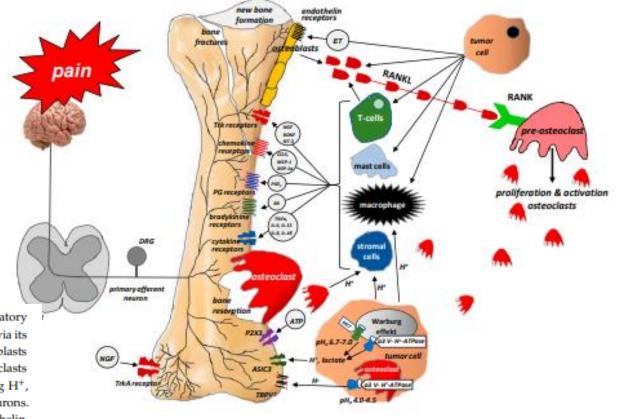


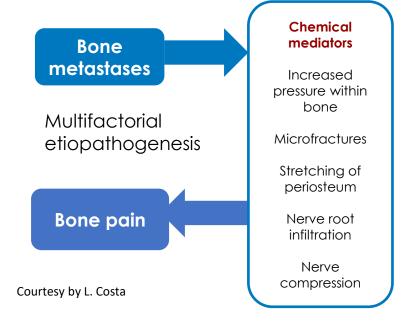
Review

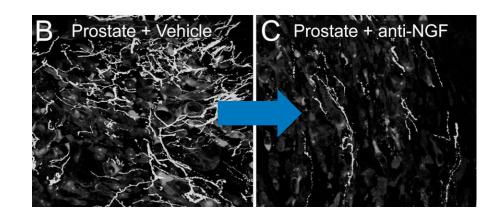
Bone Pain in Cancer Patients: Mechanisms and Current Treatment

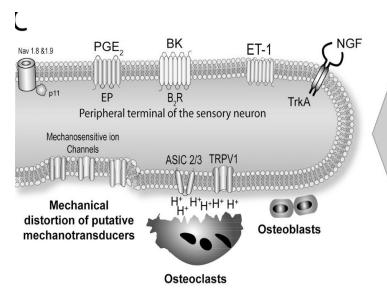
Renata Zajączkowska ^{1,*}¹⁰, Magdalena Kocot-Kępska ^{2,*}¹⁰, Wojciech Leppert ³¹⁰ and Jerzy Wordliczek ¹

Figure 2. Interactions between tumor cells, osteoblasts, osteoclasts, stromal cells, and inflammatory cells at the site of bone metastasis (According to [12]). Tumor cells release endothelin (ET), which, via its appropriate receptors, interacts with osteoblasts to stimulate their proliferation. Activated osteoblasts release RANKL, which, in turn, provides a signal for the proliferation and maturation of osteoclasts and, hence, their destructive effect on bones. Osteoclasts produce ATP and acidosis-inducing H⁺, which activate appropriate receptors (P2X, TRPV1, ASICS3) located on bone-innervating neurons. Moreover, tumor cells, stromal cells, and activated immune cells secrete several mediators (endothelin, prostaglandin, NGF, bradykinin, pro-inflammatory cytokines, chemokines, H⁺, and ATP), which activate appropriate receptors (endothelin receptor, prostaglandin receptor, TrkA receptor, bradykinin receptor, cytokine receptors, chemokine receptors, TRPV1, ASIC3, P2X3) located on bone-innervating nerve fiber endings. These receptors help to detect and transmit signals about noxious stimuli to the spinal cord and then to the cerebral cortex, where perception takes place.



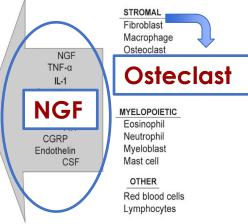






Mercadante S. et al. Pain 1997 Smeyne RJ. et al.Nature 1994 Bloom AP. et al. J Pain 2011

Jimenez-Andrade JM. et al. J Neurosci 2010



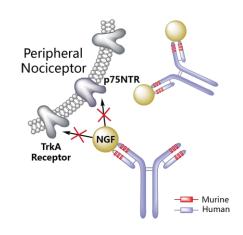
NGF regulates

- Survival
- Development
- Function
 of subsets of sensory
 and sympathetic
 neurons

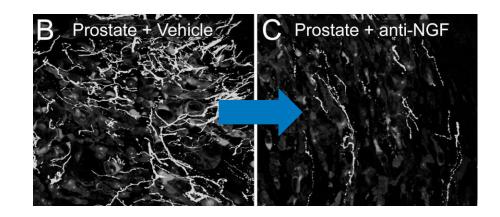
Remarkable and dramatic sprouting of nerve fibers with unique

- Morphology
- Organization
- High density that in normal bone

NGF is required (anti-NGF blocks the neuroma-like formation and sprouting of sensory nerve fibers)



Mercadante S. et al. Pain 1997 Smeyne RJ. et al.Nature 1994 Bloom AP. et al. J Pain 2011 Jimenez-Andrade JM. et al. J Neurosci 2010



- Canine prostate cells injected into the mouse bone
- Prostate cells do not express detectable levels of m RNA coding for NGF
- Associated stromal (such as OSTEOCLASTS), inflammatory and immune cells (10-70% of the tumor mass) are the source of NGF
- NGF can induce a 10-70 fold increase in density of sensory nerve fibers

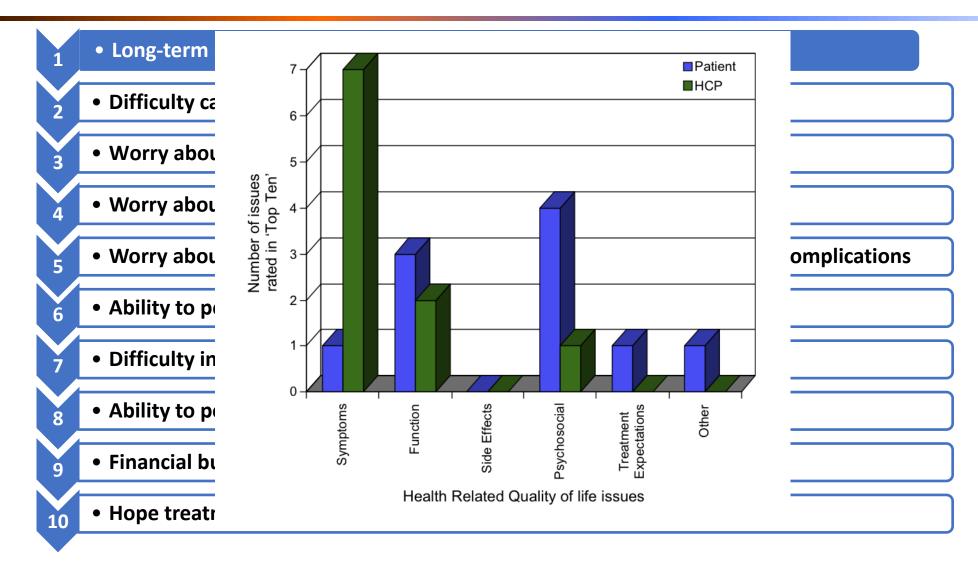
Skeletal Related Events (SREs)



- hypercalcaemia: further complication
- The prevention of SREs and pain control at rest and on movement have a significant impact on patients' daily life activity, mobility and QoL.

Saad F, et al. J Natl Cancer Inst 2004 Sartor O, et al. Lancet Oncol 2014

'Top 10' ranked HRQoL issues for cancer patients with bone metastases



Analgesics and bone pain

clinical practice guidelines

Annals of Oncology 23 (Supplement 7): vii139-vii154, 2012 doi:10.1093/annono/mds233

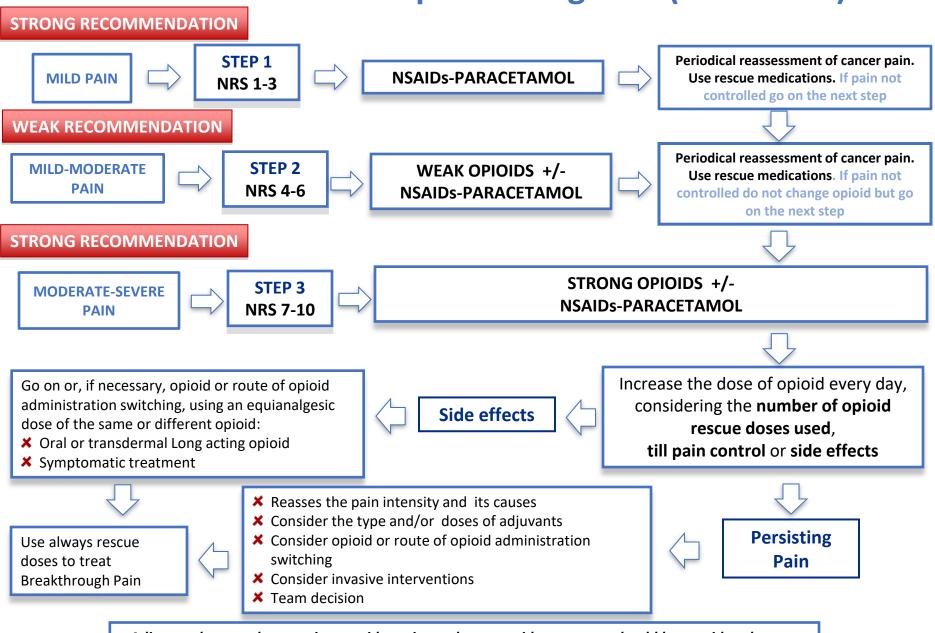
Management of cancer pain: ESMO Clinical Practice Guidelines[†]

C. I. Ripamonti¹, D. Santini², E. Maranzano³, M. Berti⁴ & F. Roila⁵, on behalf of the ESMO Guidelines Working Group*

¹Supportive Care in Cancer Unit, Fondazione IRCCS, Istituto Nazionale Tumori, Milan, Italy; ²Oncologia Medica, Università Campus Bio-Medico, Rome, Italy; ³Department of Oncology, Radiation Oncology Centre, S. Maria Hospital, Terni, Italy; ⁴Anaesthesiology Intensive Care and Pain Therapy, University Hospital Parma, Parma, Italy; ⁵Department of Medical Oncology, S. Maria Hospital, Terni, Italy



Treatment of cancer bone pain: analgesics (ESMO GLs)



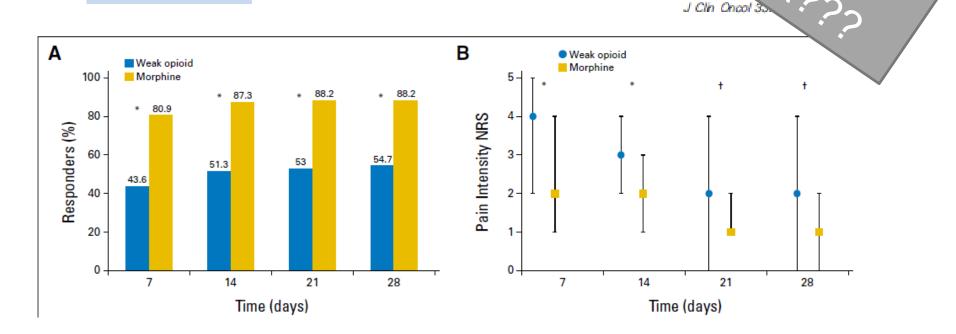
Adjuvant drugs such as corticosteroids, anticonvulsants, antidepressants, should be considered at any step when necessary

Can we overlap the second step in bone related moderate pain? Yes, we can

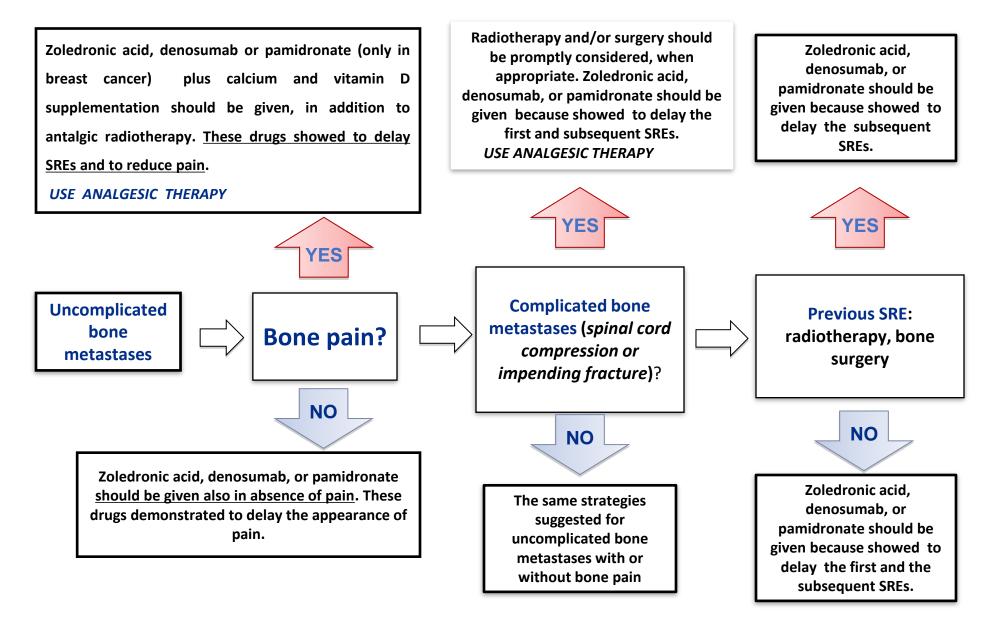
Randomized Trial of Low-Dose Morphine Opioids in Moderate Cancer Pain

Elena Bandieri, Marilena Romero, Carla Ida Ripamonti, Fabrizio Artioli, Daniela Sa Daniele Santini, Luigi Cavanna, Barbara Melotti, Pier Franco Conte, Fausto Roila, Stefan Eduardo Bruera, Gianni Tognoni, and Mario Luppi

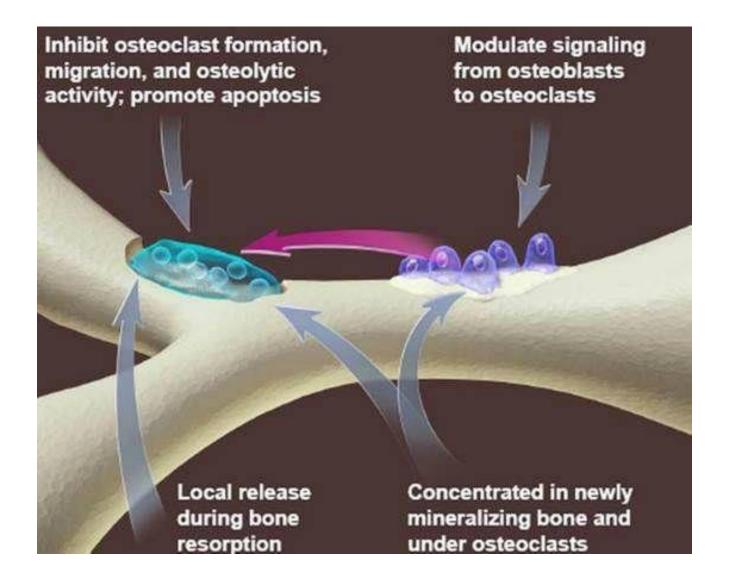
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Treatment of pain due to bone metastases: bone targeted therapies (ESMO GLs)



ZA (Zoledronic Acid)



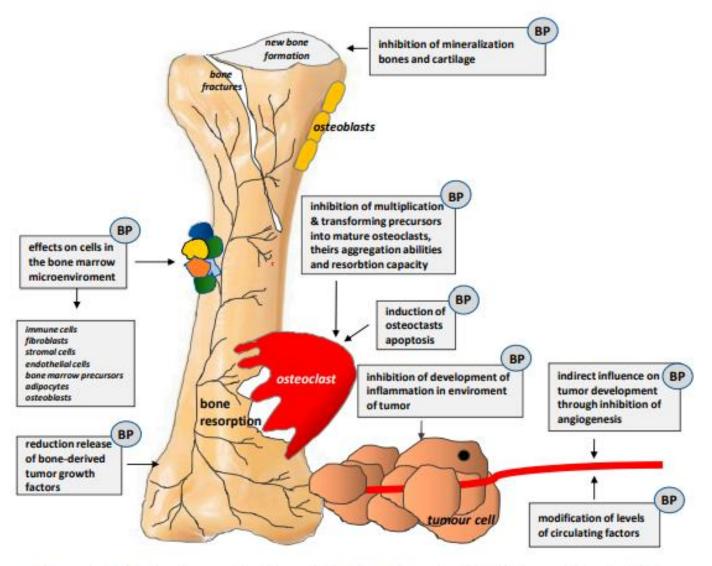


Review

Bone Pain in Cancer Patients: Mechanisms and Current Treatment

Renata Zajączkowska ^{1,*(0)}, Magdalena Kocot-Kępska ^{2,*(0)}, Wojciech Leppert ³⁽⁰⁾ and Jerzy Wordliczek ¹

Bisphosphonates have a direct apoptotic effect on osteoclasts. They inhibit their differentiation and maturation and reduce bone pain and the use of analgesics.



Bone Pain. Hematol. Oncol. Clin. N. Am. 2018, 32, 447–458

Modif. da: Figura, N.

et al. Mechanisms of,

and Adjuvants for,

Figure 6. Mechanisms of action of bisphosphonates (BPs) (According to [13]).

MDPI

Tanezumab e l'NGF

Revi

Bone Pain in Cancer Patients: Mechanisms and Current Treatment

Renata Zajączkowska ^{1,4}, Magdalena Kocot-Kępska ^{2,4}, Wojciech Leppert ³ and Jerzy Wordliczek ¹

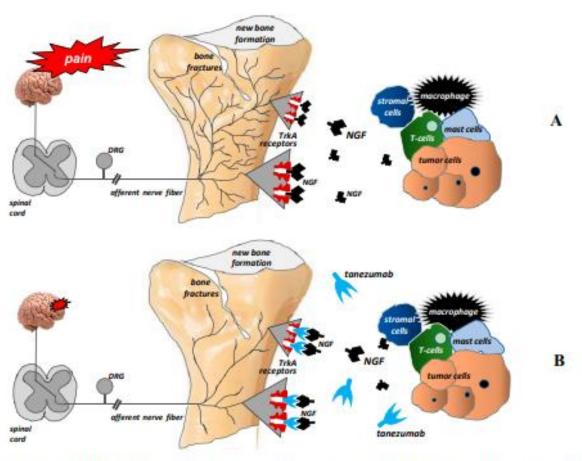


Figure 4. Pathological nerve sprouting in bone metastases and the mechanisms of action of tanezumab (according to [42]). After binding to the TrkA receptor, nerve growth factor (NGF) activates the pathological formation and growth of a network of new nerve fibers characterized by a unique morphology, organization, and density, which exceeds the density of nerve fibers in normal bone by up to 10–70 times. These new pathological nerve fibers are formed within the periosteum, mineralized bone tissue, and bone marrow (A). Tanezumab, a humanized anti-NGF monoclonal antibody, prevents NGF from binding to the TrkA receptor and consequently inhibits the pathological sprouting and formation of new pathological nerve fiber networks (B).





Review

Bone Pain in Cancer Patients: Mechanisms and Current Treatment

Renata Zajączkowska $^{1,*}@$, Magdalena Kocot-Kępska $^{2,*}@$, Wojciech Leppert $^{3}@$ and Jerzy Wordliczek 1

Denosumab e l'asse RANKL/RANK

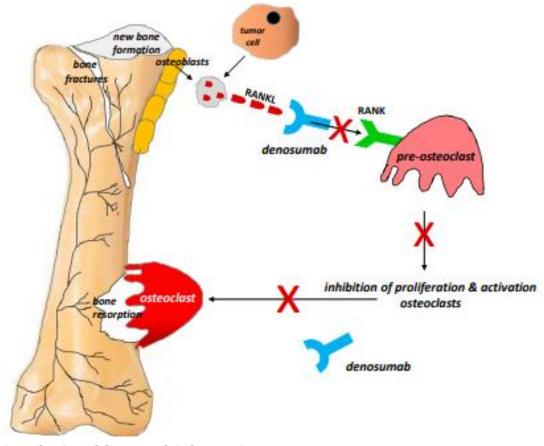


Figure 3. Role of the RANKL/RANK system and the mechanism of action of denosumab in bone pain due to cancer (According to [12]). RANKL is a protein secreted by tumor cells and the osteoblastic cell line (i.e., by mature osteoblasts and their precursors). RANKL binds to RANK receptors located on the osteoclast surface, which triggers the proliferation and maturation of osteoclasts, thereby initiating their damaging effect on bones. Denosumab is characterized by a high affinity and specificity for RANKL. It prevents the activation of RANK receptors on the surface of osteoclasts and their precursors, thereby inhibiting the formation, proliferation, and survival of osteoclasts, which reduces osteoclastic bone resorption. X = stop.

Il rischio ONJ è dietro l'angolo. Effettuare SEMPRE videat odontoiatrico ed eventuale bonifica del cavo orale!!





Fusco V. Expert Opin Drug Saf. 2016

Chronic pain syndromes directly related to cancer

Neuropathic pain syndromes

Leptomeningeal metastases

Malignant painful radiculopathy

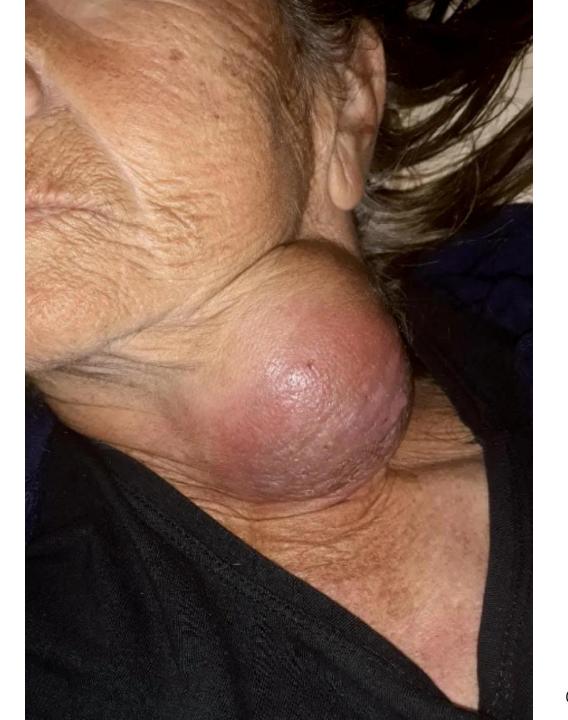
Painful cranial neuralgias

Radiculopathies

Plexopathies

Painful peripheral mononeuropathies

Paraneoplastic sensory neuropathy



©II pensiero Scientifico Editore

DOLORE NEUROPATICO IATROGENO



- RADIOATTIVO
 - Flogosi, fibrosi, necrosi post-attiniche

- Derivati della vinca
- Platino e derivati
- Taxani
- Bortezomib
- Talidomide

- Post-toracotomia
- Postmastectomia
- Post-amputazioni



Caraceni A, Portenoy RK; Working Group of the IASP Task Force on Cancer Pain. Pain 1999 Urch CE, Dickenson AH. Neuropathic pain in cancer. Eur J Cancer. 2008;44:1091–6.

Chronic pain syndromes associated with cancer treatment

Chemotherapy-related pain syndromes / Immunotherapy ?

Hormonal therapy-related pain syndromes

Radiation-related pain syndromes

Surgical pain syndromes

Chemotherapy-induced peripheral neuropathy CIPN

Type of Drug	Target / Mechanisms / Drug effects	Neuropathy type
Vinca Alkaloids • Vincristine • Vinblastine • Vinorelbine • Vinflunine • Vindesine	 Microtubule disrupting agents Interfere with mitotic spindle formation/function leading to mitotic arrest Interfere with formation of cytoskeleton and axoplasmic flow leading to impaired axonal transport (axonopathy) with "dying back" Dorsal root ganglion toxicity with necrosis of neurons 	SensoryMotorAutonomic
Platinum agents Cisplatin Carboplatin Oxaliplatin Nedaplatin Lobaplatin Heptaplatin	 Platinum-containing compounds can covalently couple to methionine- cysteine- and histidine- containing peptides or proteins including α- and β-tubulin interfering with their polymerization and function Some have suggested cisplatin can block tubulin assembly via a two-step binding to GTP in the GTP center of tubulin Cross link DNA and interfere with its repair and replication Platinum compounds accumulate in and lead to apoptosis of neurons in dorsal root ganglia Platinum compounds can lead to mitochondrial dysfunction by oxidative stress 	 Sensory, large fiber Sensory, small fiber
Taxanes Paclitaxel Docetaxel Cabazitaxel Nab-paclitaxel (nanoparticle albumin bound paclitaxel)	 Microtubule stabilizing agents Interfere with cell division by disrupting mitotic spindle Interfere with cellular transport, by stabilizing microtubules, preventing depolymerization leading to distal sensory axonal degeneration 	 Sensory, large fiber Sensory, small fiber Motor involvement typically minimal unless at an unusual high dose

Prevalence of CIPN [1]

Number of months after chemotherapy	Number of studies included	Number of patients included	Prevalence of CIPN(95% CI)
≤1	22	2,085	68.1% (57.7 – 78.4)
3	5	234	68.1% (57.7 – 78.4)
≥6	4	1,860	30.0% (6.4 – 53.5)

The prevalence of CIPN is dependent on the type of malignancy, drug regimen, cumulative doses, duration, synergistic neurotoxicity from prior chemotherapy, comorbidities, and other risk factors

Immunotherapy-induced pain



Figure 2. Lichenoid lesions and lip crusts in a patient treated for melanoma with a single dose of Nivolumab + Ipilimumab, and then with another 4 doses of Nivolumab (A3). There was prompt, complete resolution of the oral lesions with systemic and topical steroids. The lesion recurred 2 months following discontinuation of the immunotherapy.

«Dolore procedurale» DA TERAPIE

Dolore da radioterapia

Table 4. Causes of acute and late radiotherapy-related pain

Radiation therapy-related pain

Acute phase Acute mucosal inflammation: stomatitis,

pharingitis, oesophagitis, enteritis, proctitis, etc.

Radiation dermatitis

Pain flare effect

Procedural pain: brachytherapy; implantation of

'fiducial markers' in an organ for image-guided

radiotherapy; passive mobilization of bone metastatic patient during simulation and

treatment

Late phase Radiation fibrosis syndrome

Osteoradionecrosis of the jaw

Chest wall pain

Oesophageal stricture

Abdominal pain due to bowel spasms

Urethral pain

Dyspareunia

Anal stricture



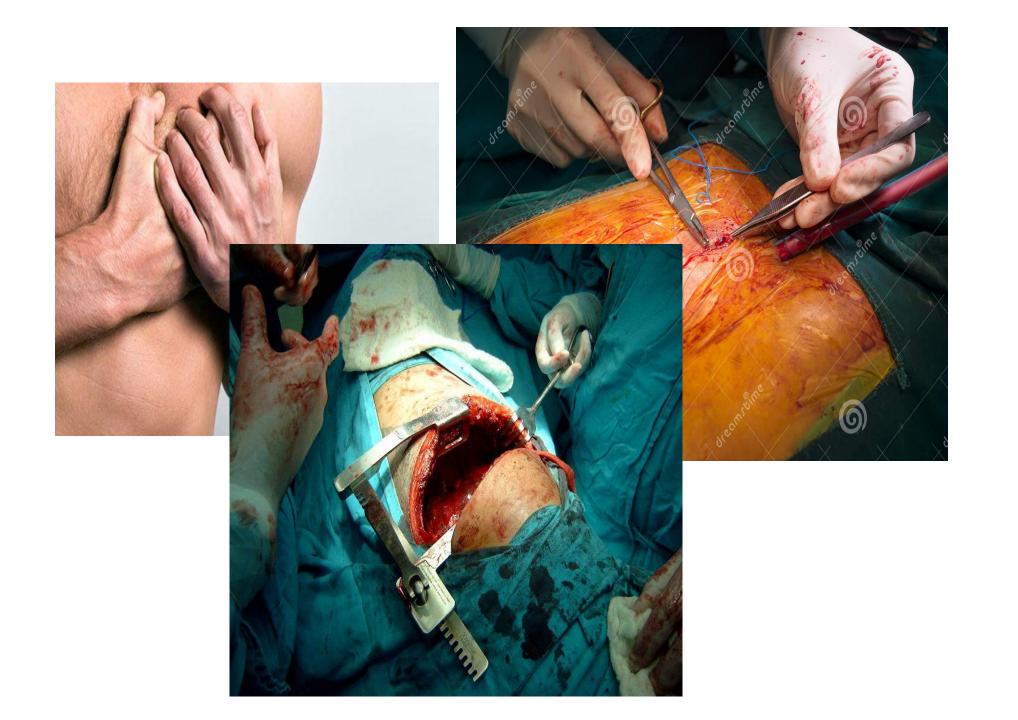


*«Dolore procedurale»*DA TERAPIE

Dolore post chirurgia

Table 5. (Common	post-cancer surgery-re	lated pain synd	dromes
------------	--------	------------------------	-----------------	--------

Type of post-surgical pain	Main associations	
Breast surgery pain syndromes	Either from wide local excision,	
	breast-conserving surgery, or	
	radical mastectomy.	
	Particularly common	
	with axillary dissection	
Post-radical neck dissection	Poor predictive factors	
Post-thoracotomy	Poor predictive factors	
Post-operative frozen shoulder	Post-thoracotomy and post-	
	mastectomy at particular risk	
Phantom pain syndromes	After limb amputation	
Post-surgical pelvic floor myalgia	Poor predictive factors	



Dolore post chirurgia: Epidemiologia

Incidenza di dolore neuropatico post-operatorio:

- Amputazioni 30-50 %
- Toracotomie 30-40 %
- Mastectomie 20-30 %
- Ernia inguinale 10 %
- Colecistoctomie 27 %
- Failed back surgery syndrome 40 %
- Safenectomie 27 %

In riduzione con tecniche di anestesia LR?

Kehlet H, Jensen TS, Woolf CJ. Persistent postsurgical pain: factor and prevention. Lancet 2006; 367: 1618-25.

Shipton E. Post-surgical neuropathic pain. ANZ J Surg 2008; 78: 548-55. Perkins FE, Kehlet H. Chronic pain as an outcome of surgery. Anesthesiology 2000; 93: 1123-33.

Dolore post chirurgia: Epidemiologia

Dolore nell'area dell'intervento chirurgico che persiste per molti **mesi o anni** oltre il consueto corso di guarigione naturale di un dolore acuto. E' diverso dal dolore preoperatorio.

Caratteristiche prevalentemente **neuropatiche**, spesso associato a parestesia, iperalgesia e allodinia

Meccanismi etiopatogenetici:

- Lesioni traumatiche di nervi (sezione, ischemia, intrappolamenti)
- Trazione strutture anatomiche
- Intolleranza di impianto protesico
- Sindromi aderenziali addominali
- Sacrificio di strutture anatomiche non necessariamente interessate da malattia.

Dobrogowski J, Przeklasa-Muzy 🛚 ska A, Wordliczek J. Persistent post-operative pain. Folia Med Cracov 2008; 49: 27-37.

Finnerup NB, Sindrup SH, Jensen TS. Chronic neuropathic pain: mechanisms, drug targets and measurement. Fundam Clin Pharmacol 2007; 21: 129-36.

Elon E. Post-surgical neuralgia. Pain 2004; 111: 3-7.

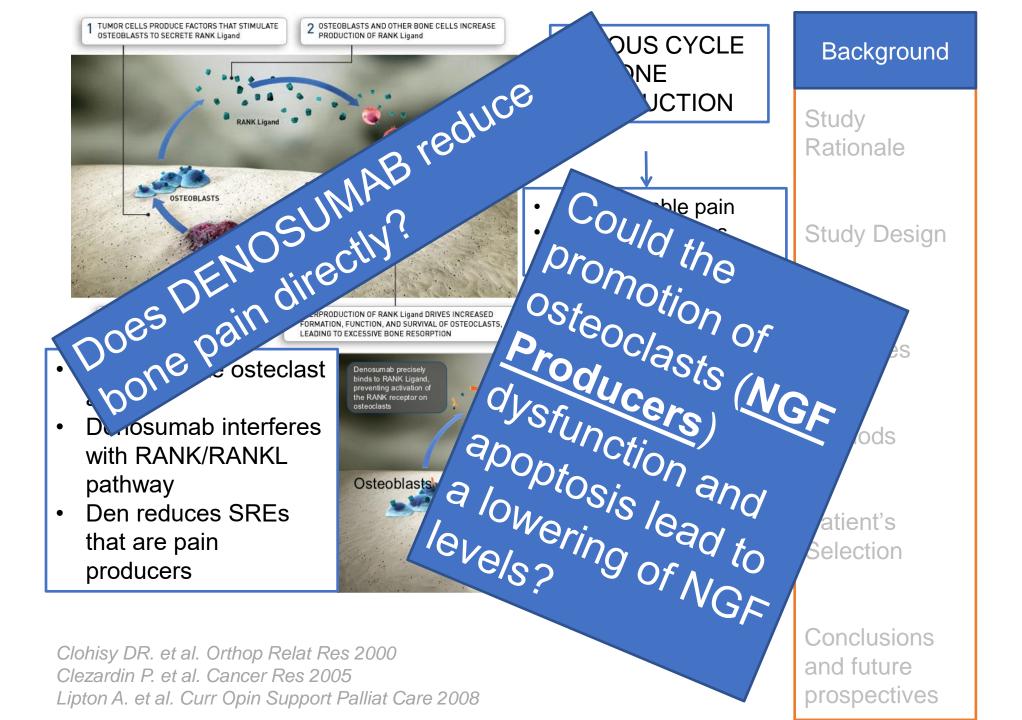


«Dottore, mi creda, avrei preferito tenere il tumore, piuttosto di avere tutto questo dolore»

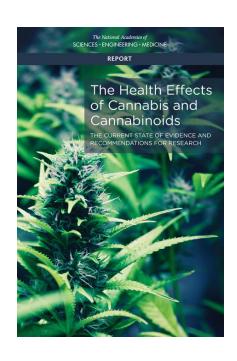
Enzo F., 51 anni, 2015; Enrico D., 54 anni, 2016...

Hypotheses, novelties and future perspectives





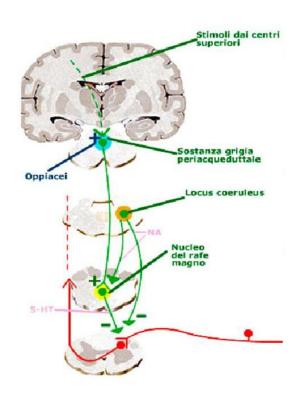
Role of cannabinoids in the treatment of bone pain



In 2017, The National Academies of Sciences, Engineering, and Medicine published a statement that

- the use of cannabis for the treatment of pain is supported by well-controlled clinical trials
- there is substantial evidence that cannabis is an effective treatment for chronic pain in adults.

Phytocannabinoids and pain

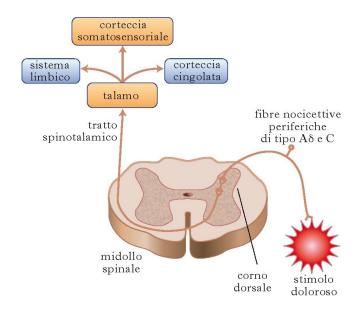


In pain, cannabinoids act at different levels of the sensitive pathways:

at the spinal level with activation of K receptors for opioids;

at the level of the periaqueductal gray matter (mesencephalic area particularly rich in opiate receptors, fundamental station of the descending inhibitory pathways) with the inhibition of GABA and glutamate, the effect of dopamine D2 receptors

Enhancement mu opioid antinociception by oral delta9tetrahydrocannabinol: dose-response analysis and receptor identification. Cichewicz DL, Martin ZL, Smith FL et al. J Pharmacol Exp Ther 1999.



Aδ: CBD1 receptors

C: Mu (opioids) receptors

Cannabinoids have been shown to be more effective in the treatment of neuropathic pain: it is hypothesized that the $A\delta$ fibers, which are myelinated, of small caliber, are more closely related to the mechanoreceptors that detect the tactile sensation to the pressure and are present only in the skin. On these fibers there is a prevalence of cannabinoid receptors

compared to those for opioids that are higher in C fibers.

Medical cannabis treatment for breakthrough pain

BTcP: consider inhaled medical cannabis

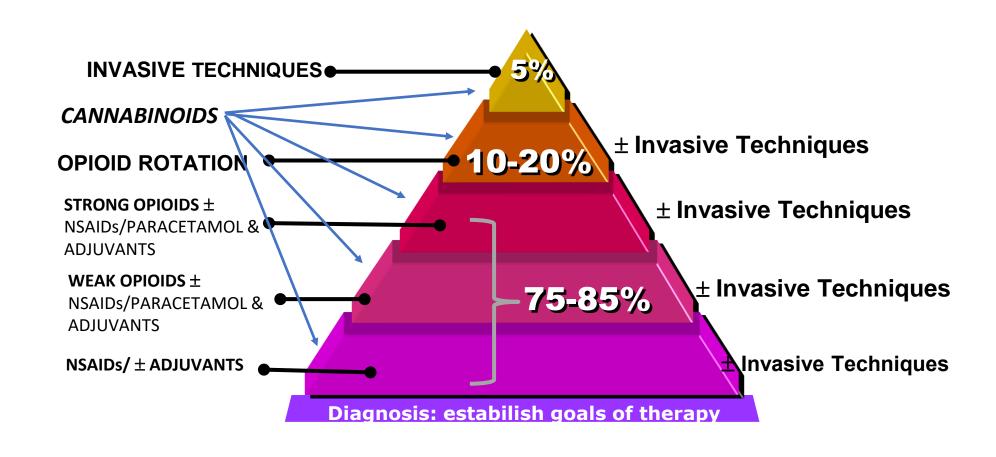
Dried flower vaporization is the referred mode of administration

Smoking cannabis is associated with inflammation of the airways bronchitis, respiratory infections.

When using medical cannabis to manage breakthrough pain, a balanced THC:CBD or THCpredominant product may be used as needed

LA SCALA ANALGESICA W.H.O. NEL 21° SECOLO





Modif. from: Study group of Italian Society of Anaesthesiology, 2002; http://www.who.int/cancer/palliative/painladder/en/index.html







